Galina Antich

Psychologist | Clinical Psychologist
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I was born in Russia. By my first education, I am an engineer in the quality of non-ferrous metals, but I have always been fond of psychology, while studying at the Moscow Institute of Psychoanalysis, I began to consult parents and work with children under supervision. In 2019, I moved with my family, my husband and daughter from Russia to the Netherlands, continued my studies and work as a psychologist with Russian-speaking people. I keep learning loneliness among expats. Working with support groups for expats and make film trainings. Working with support groups for parents under the international ICDP program. From March 2022 to present I provides psychological support to adults and children from Ukraine.

From 2026 in personal analysis and currently a Psychoanalyst Candidate at the Swiss Institute of Micropsychanalysis.

Professional Experience

April 2019 – Present · Private Psychological Practice, Amsterdam

Provide psychoanalytic therapy and individual psychological counselling, both in person and online, with a focus on feelings and relationships. Use sandplay therapy with adults and children. Organise and facilitate film discussion groups where participants explore their emotional responses and personal connections to films.

2018–2019 · Psychologist, Children's Centre, Krasnodar, Russia

Provided psychological counselling to children and parents. Helped children explore emotions and fears and supported their adjustment to school.

Education

Aug 2026 – Present
Institut Suisse de Micropsychanalys
Psychoanalyst Training Program, Micropsychanalysis

Apr 2022 – 2023
International Center for Innovative Psychotechnolodgies
Anxiety-depressive disorders: diagnosis, correction, psychotherapy

2021 – 2022
Moscow Institute of Psychoanalysis (MIP)
Clinical psychologist, Clinical Psychology
Professional retraining under the program of clinical psychology in the amount of 1500 hours.

2021 – 2021

ICDP Ukraine

Facilitator

ICDP - International Child Development Programme facilitator (120 hours)

2020 – 2021

Institute of directed film therapy and film training

Film therapist, Physical Education Teaching and Coaching

Directed Film Therapy Consulting and film caching. Work with films in therapy, group training and coaching.

2020 – 2021

Moscow Institute of Psychoanalysis (MIP)

PSYCHOLOGY

Metaphorical associative cards in the work of a psychologist (36 hours)

2015 – 2019

Moscow Institute of Psychoanalysis (MIP)

Bachelor's degree, PSYCHOLOGY

2018 – 2018

Moscow Institute of Psychoanalysis (MIP)

Projective methods in Psychology

Certificate of professional development for the program "Projective methods for a practical psychologist: diagnosis of children's problems" (50 hours)

2017 – 2017

Moscow Institute of Psychoanalysis (MIP)

Micropsychoanalysis course

Professional development certificate in program "Fundamentals of Micropsychoanalysis" (50 hours) from the Italian Institute of Micropsychoanalysis, teacher Bruna Marzi

1998–2003

Krasnoyarsk State Academy of Non-Ferrous Metals and Gold

Field of study: Standardisation and Certification

Qualification: Engineer

Languages

Russian/Native
English/B2
Dutch/A2