

TIMOSHINA ELENA

Mail: elenatim19@list.ru
Phone number: +7 (965)-279-99-01
Website: <https://elenatim.pro/>



Education

- 2004-2010 Moscow State Medical and Dental University of the Federal Agency for Healthcare and Social Development, Moscow
Doctor qualification awarded
- 2010-2012 Clinical residency in therapy at the City Clinical Hospital No.50 on the basis of the Department of the Moscow State Medical and Dental University.
Qualification of Doctor in Therapy and Clinical Pharmacology
- 2013 GBUZ of Moscow Central Research Institute of Gastroenterology DZ of Moscow
Qualification of Doctor in Gastroenterology

Additional education

- October 30, 2021 to the present Training "Supervision in Micropsychoanalysis" at the Moscow Institute of Psychoanalysis
- October 2020 – June 2022 Higher School of Economics, Faculty of Psychology.
Russian-French Magistracy in Psychoanalysis and Psychoanalytic Psychotherapy. French School of Psychoanalysis.
Competencies of graduates:
- Psychological counseling
 - Psychoanalytic psychotherapy
 - Group psychotherapy
- Sept. 2019-June 2020 Moscow Institute of Psychoanalysis "Psychoanalysis and psychoanalytic psychotherapy"
- 2020 Training course on Micropsychoanalysis at the Moscow Institute of Psychoanalysis by Bruna Marzi
- 2019 Institute of Practical Personality Psychology "Genesis of Practitioners" "Psychological trauma and loss: methodology and tools for dealing with consequences"
- 2019 Lomonosov Moscow State University "Practical personality psychology in the field of interpersonal communication and business"
Specialization Practical Personality Psychology

Professional experience

<u>2010-2014</u>	Work in a clinical hospital in the Department of cardiology GKB 50. Treatment of inpatient cardiac patients. Rounds to the ICU (Intensive Care Unit and Intensive Care Unit). Night shifts in the Department of Cardiology, general therapy and the emergency department.
<u>2019 to the present</u>	Psychoanalytic psychotherapy face to face. Individual and group supervision.
<u>2021 to the present</u>	Candidate/Member of the Swiss Institute of Micropsychoanalysis.

Personal Therapy

INDIVIDUAL PSYCHOTHERAPY: more than 500 hours in Gestalt approach

On January 28, 2021 I've started my personal MICROPSYCHOANALYSIS with the Didactic Member of the Swiss Institute of Micropsychoanalysis and personal supervision till date.